

**International Board Certified Lactation Consultants in Saskatchewan**

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| **Name:** Janelle Amyotte**City/Town:** Prince Albert**Phone #:** 306-765-6506**Email:** WeBreastfeed@paphr.sk.ca**Website:** on Facebook at Prince Albert Lactation Services**Practice areas:** In hospital, Community**Comments:** We have an office at the Public Health Office (2nd floor - McIntosh Mall building) We offer clinics by appointment 2 days per week. Specialize in thorough assessment of oral structure and function, and creative problem solving with parents to meet their feeding goals. Janelle is also an Orofacial Myologist  |
| **Name:** Ashlee Bridge**City/Town:** Saskatoon**Phone #:** 306-716-7664**Email:** agradkow@gmail.com**Practice areas: In hospital, Community****Comments:** |
| **Name:** Linda Cheston**City/Town:** Regina**Business Name/Health Region:** Linda Cheston, IBCLC**Phone #:** 306-586-0471**Email:** cheston@sasktel.net**Practice areas: Private Practice****Comments:** I have been an LC in private practice for 30 years, re-accrediting in 2017 by continuing education.I special in latch and positioning using a different position than most others, priding myself on making both mother and baby comfortable. I also specialize in problem solving, working by phone and in person with women all over this province |
| **Name:** Elizabeth Couture**City/Town:** Saskatoon**Email:** Elizabeth.Couture@saskhealthauthority.ca**Practice areas: In hospital, Community****Comments:** I work at RUH and with Healthy and Home |
| **Name:** Madison Fentiman**City/Town:** Saskatoon, SK**Phone #:** 306-241-0797**Practice areas: Community** **Comments:** Healthy and Home |
| **Name:** Hanna Hanowski**City/Town:** Regina**Phone #:** 306-585-0971 or 306-531-4755**Email:** hhanowski@gmail.com**Practice areas: In hospital, Community, Private Practice****Comments:** Willing to consult outside of city, max 100km |
| **Name:** Audra Wright-Hoffman**City/Town:** Saskatoon**Phone #:** 306-655-4860/306-655-4806**Email:** Audra.Wright-Hoffman@saskhealthauthority.ca**Website:** **Practice areas: Community****Comments:** Healthy and Home and The Breastfeeding Centre |
| **Name:** Sherri Healey**City/Town:** Rosetown**Phone #:** 306-882-2672 ext 2286**Email:** sherri.healey@@saskhealthauthority.ca**Website:** Heartland Health Region**Practice areas: Community****Comments:** I provide support to clients in their own homes or at my office located at the community health services building in Rosetown.  I am currently the only IBCLC practicing in Heartland Health Region and will provide home visits/telephone calls for any client needing additional support located in our health region.  I also accept referrals from physicians, RNNP’s, hospitals, public health nurses or as a self-referral for any client they deem as needing extra support and assistance. |
| **Name:** Dr. Shela Hirani**City/Town:** Regina**Phone #:** 780-707-5997**Email:**shela.hirani@gmail.com; shela.hirani@uregina.ca**Website:**[https://www.linkedin.com/in/dr-shela-hirani-3b865118/](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.linkedin.com%2Fin%2Fdr-shela-hirani-3b865118%2F&data=04%7C01%7C%7Cc9e9a79599bb4ec9bfe208d9e7659a3a%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637795245852795096%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=O%2FEhgXbV56EDbrL5qgqqHlZvNcJZDhp9mfjter%2BOYL8%3D&reserved=0)**Practice areas:** Community, Private Practice**Comments:** I am a Registered Nurse and an IBCLC based in Saskatchewan. I provide lactation counselling face-to-face or via zoom (by appointment only). Accommodation is available for mothers who are interested in receiving prenatal or postnatal breastfeeding counselling in different languages. |
| **Name:** Jolene Hogg**City/Town:** Moose Jaw**Phone #:** 306-691-1615**Email:** jolene.hogg@@saskhealthauthority.ca**Practice areas: Community****Comments:** PHN |
| **Name:**Anita Kehler**City/Town:**Carlyle**Business Name/Health Region:** Saskatchewan Health Authority**Phone #:** (306)453-6131**Email:**anita.kehler@saskhealthauthority.ca**Website:****Practice areas:** Community**Comments:** I work in Public Health |
| **Name:** Hilary Keller**City/Town:** Saskatoon, SK**Phone #:** (306) 341 -1479**Email:** nourishlactationconsultant@gmail.com**Website:**  [https://nourishlactationsupportservices.com](https://nourishlactationsupportservices.com/)**Practice areas: In hospital, Community, Private Practice****Comments:** I am an RN and IBCLC working on Labor & Delivery, Postpartum & Healthy and Home. I also own and operate Nourish Lactation Support Services, a private practice based out of Saskatoon offering personal 1:1, in home, pre and post-natal lactation consultations. |
| **Name:** Shelly Kittler**City/Town:** Moose Jaw**Phone #:** 306-691-1515**Email:** shelly.kittler@@saskhealthauthority.ca**Practice areas: Community****Comments:** I practice in community and through our Breastfeeding Clinic at Public Health |
| **Name:** Cindy Leclerc**City/Town:** Saskatoon, SK**Business Name/Health Region:** Cindy + Jana Health Resource and Saskatchewan Health Authority**Phone #:** 306-716-1034**Email:** c.leclerc@cindyandjana.com**Website:** cindyandjana.com**Practice areas: Community, Private Practice****Comments:** |
| **Name:** Catherine Lys**City/Town:** Regina**Phone #:** 306-766-3700**Email:** catherine.lys@@saskhealthauthority.ca**Practice areas: Community** **Comments:** I work with Maternity Visiting Program. I see clients in Regina and surrounding communities through in-person home visits or in the Maternity Visiting Program office at the Regina General Hospital from birth until 2 months of age. |
| **Name:** Tonia Olson**City/Town:** Saskatoon, SK**Phone #:** 306-655-4843**Email:** tonia.orlson@@saskhealthauthority.ca**Practice areas: Community** |
| **Name:** Chelsea Oosterlaken**City/Town:** Saskatoon**Phone #:** 306-227-2016**Email:** chelseaoosterlaken@hotmail.ca**Practice areas: In hospital, Community****Comments:** RUH postpartum and Healthy and Home |
| **Name:** Jody Reed**City/Town:** Regina**Phone #:** 306-766-3700**Practice areas: Community****Comments:** I work in Maternity Visiting Program and see clients from birth to 14 days of age. |
| **Name:** Heidi Russell**City/Town:** Yorkton, SK**Phone #:** 306-786-0625**Email:** heidi.russell@saskhealthauthority.ca**Practice areas: Community****Comments:** I work in Early Visiting Program and can also be reached through the Yorkton Breastfeeding Matters Facebook Group. |
| **Name:** Ashleigh Schmalz**City/Town:** Shellbrook**Phone #:** 306-765-6506**Email:** Ashleigh.schmalz@saskhealthauthority.ca**Practice areas: In hospital , Community** **Comments:** We have an office at the Public Health Office (2nd floor - McIntosh Mall building) We offer drop-in clinics twice per week as well as appointments for initial consults. |
| **Name:** Karly Simpson**City/Town:** Lumsden, SK**Phone #:** 306-766-6566**Email:** karlyhsimpson@gmail.com**Practice areas: In hospital , Community****Comments:** I work as a NICU nurse as well as casual in community |
| **Name:** Melanie Singh**City/Town:** Regina**Phone #:** 306-766-6566**Email:** melanie.singh@@saskhealthauthority.ca**Practice areas: In hospital** **Comments:** Regina General Hospital |
| **Name:** Shannon Skinner**City/Town:** Regina **Business Name/Health Region:** Mother Baby Unit at Regina General Hospital**Phone #:** 306-766-6566**Practice areas: In hospital****Comments:** |
| **Name:** Kim Smith**City/Town:** Regina, serving Southern Saskatchewan**Business Name/Health Region:** Kim Smith**Phone #:** 306-550-6143**Email:** kim@kimsmith.org **Website:** http://www.kimsmith.org/**Practice areas: Private Practice****Comments:** I can see clients in their home or in my office at Pasqua South Medical Centre  |
| **Name:** Connie Smuk**City/Town:** Swift Current**Phone #:** 306-778-5291**Email:** connie.smuk@saskhealthauthority.ca**Practice areas: Community** **Comments:** Lactation clients are seen in office and at home visits. Call for an appointment.**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_****Name:** Jana Stockham**City/Town:** Saskatoon **Business Name/Health Region:** Saskatchewan Health Authority/Cindy + Jana Health Resource**Phone #:**306-655-4860**Email:** jana.stockham@saskatoonhealthregion.ca**Website:** www.cindyandjana.com**Practice areas: Community and Private****Comments:** Healthy and Home and the Breastfeeding Centre |
| **Name:** Pamela West-Sharp**City/Town:** Prince Albert**Phone #:** 306-765-6266**Practice areas: In hospital****Comments:** I practice on the Obstetrics unit at the Victoria hospital in Prince Albert |
| **Name:** Kerry Williams**City/Town:** Saskatoon**Phone #:** 306-715-0979**Email:** rootedlactation@gmail.com**Website:** [www.rootedlactation.ca](http://www.rootedlactation.ca)**Practice areas: In hospital, Community, Private Practice****Comments:** RN, bilingual (French) |
| **Name:** Vanessa Zanidean**City/Town:** Swift Current**Phone #:** 306-778-9509**Email:** vanessa.zanidean@@saskhealthauthority.ca**Practice areas: In hospital****Comments:**  |
| **Name:** Kate Wilson**City/Town:** Regina**Phone #:** 306-527-0086**Email:** katey\_4@hotmail.com, kate.wilson@rqhealth.ca**Practice areas: In hospital, Community****Comments:** I work as an RN in Public Health and on L&D |
| **Name:** **City/Town:** **Business Name/Health Region:** **Phone #:** **Email:** **Website:** **Practice areas: In hospital, Community, Private Practice****Comments:** |
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