# SLCA Education Day



**April 6, 2020** 

Delta by Marriott Saskatoon former Radisson Hotel

## **SLCA Education Day**

### **Delta by Marriott (former Radisson Hotel)**

405 - 20th St E Saskatoon, SK Da Vinci Room

## Saskatchewan Lactation Consultant Association

Improved health of
Saskatchewan people through
normalizing breastfeeding
and skilled lactation care

SLCA supports, protects, and promotes breastfeeding by providing opportunities to network with a variety of disciplines and further the knowledge and skills of IBCLCs and others who strive to provide exceptional lactation support to Saskatchewan families.

**SLCA** 

Annual General Meeting

Join us during the lunch hour!

Coming in the night before?

Book your room by calling:

1-800-721-7033



## **SLCA Day Conference**

- 0730 Registration & buffet breakfast
- **0815 Welcome**
- 0830 Back to Basics
- **0930 Ethics**
- 1030 Refreshments/Networking
- 1050 Chiropractic care and the BF dyad
- 1150 Lunch and AGM
- 1300 The Role of SLP with the BF infant
- 1400 Refreshments/Networking
- 1430 More Milk Sooner—Antenatal Milk Expression
- 1530 ENT—Tongue Tie: The Total Picture
- **1630 Closing and Evaluations**

#### **Back to Basics—Erika Broome**

Erika is a Registered Nurse and IBCLC at Lactation Services in Prince Albert. She is a member of her local BFI committee and vice-chair of the SLCA, as well as secretary of the BCS. Erika's greatest gift is her ability to make clients smile, no matter what difficulty they may be going through. Her unique ability to explain things with humour and in a way that parents can easily remember will be shared with us this year as she brings us all Back to Basics.

#### The Role of the SLP with Breastfeeding Infants—Tammy Klassen

Tammy is a speech language pathologist and has worked for the Saskatchewan Health Authority for the past 20 years. She received her Master's Degree in Communication Disorders from Minot State University in Minot, North Dakota. She specializes in the areas of speech, language, and feeding in the pediatric population. Tammy will speak to us about the role and perspective of the SLP in infant feeding. She will share how she collaborates with IBCLCs and other professionals and will include the conditions, signs and symptoms that would indicate we need the unique skillset of an SLP.



#### Antenatal Milk Expression —Naida Hawkins and Dr. Prollius

Dr Prollius and Naida Hawkins, RN, IBCLC are part of an interdisciplinary team supporting families to have an easier time starting and continuing breastfeeding.

More Milk Sooner is their program which supports and promotes hand expression in the antenatal and early postpartum period.

They are delighted to be sharing their journey with us.

#### Tongue Tie: the total picture—Dr. Russell Murphy

Dr. Russell Murphy is an Assistant Professor, Division of Otolaryngology-Head and Neck Surgery, Department of Surgery, College of Medicine, University of Saskatchewan. Originally from Saskatchewan, Dr. Murphy did his residency in Otolaryngology at the University of Alberta. He has an MD and a B.Sc. in Microbiology and Immunology from University of Saskatchewan. His clinical work focuses on General Otolaryngology and Head and Neck Surgeries. He has practiced since 2016 at various clinics through out Saskatchewan and has a main base at St. Paul's Hospital in Saskatoon. He is an active member of various medical association at national level. He is interested in research areas involving General Otolaryngology and Cancers of Head and Neck. He is going to speak to us today about tongue tie as being both structural and functional and how he collaborates with IBCLCs and SLPs to get the full picture of function.

#### **Ethics—Janelle Amyotte**

Janelle is a Registered Nurse and IBCLC at Lactation Services in Prince Albert. She is chair of her local BFI committee, chair of the Saskatchewan Lactation Consultant Association and cochair of the Breastfeeding Committee of Saskatchewan. Janelle is passionate about helping parents meet their feeding goals. Janelle will speak to us today about professional ethics and what meeting those standards in today's understaffed and fast-paced workplace might look.



Chiropractic Care and the Breastfeeding Dyad— Dr. Stacey Hornick Dr. Hornick obtained her Bachelor of Science degree in Biology at the University of Toronto in 1992 and completed her Doctor of Chiropractic degree at CMCC in Toronto in 1996. Her continued passion to provide the most effective care to the pediatric patient led her to pursue her Master of Science in Chiropractic Pediatrics from McTimoney College of Chiropractic, University of Wales, which she completed in 2015. This specialty allows her to bring expertise to her pediatric patients and their families. Her master's dissertation investigated "The Effect of Chiropractic on Cortisol Levels in Infants with Colic". Dr. Hornick has been in private practice for 22 years in Saskatoon. She will teach us more about chiropractic care and touch on her collaborative role with other professionals in care of the breastfeeding dyad.